



- ENERGY requires a commitment of 8 weeks. Classes are held once a week, in the afternoon.
- ENERGY requires BOTH the child and caretaker to attend each class. Classes are taught in English and Spanish.
- Classes are available for children 0-18 years of age. The patient will be scheduled for the next available class.

*** Required Information (please write clearly):**

* Patient's Name: _____	* Age: _____	* DOB: _____	* Gender: _____
Address: street: _____	* Allergies: _____		
City, State, zip: _____	Medical Record #: _____		
* Parent or Caretaker's Name: _____		Parent Signature: _____	
* Telephone: _____		Cell Phone: _____	
* Preferred Spoken Language (circle): English Spanish Other: _____			
* Patient's School: _____		School Track: A B C Traditional	

***Does this patient have any medical or other restrictions which prevent him or her from fully participating in a 2-hr class that includes physical activity?** No Yes, explain: _____

***About the Patient:**

Weight: _____
 Height: _____
 BMI: _____
 BP: _____

Comments: _____

Diagnosis (check all that apply):

- Obese
- Overweight
- Acanthosis Nigricans
- Asthma
- DM Type II
- Dysmetabolic Syndrome
- Hypertriglyceridemia
- Hypercholesterolemia
- Hypertension
- Fam Hx DM, CVD, HTN

* Provider's Name: _____
 * Provider's Signature: _____
 * Date: _____

*Provider/Stamp Address, Phone, Fax:

*****Please include copy of patient's growth chart and recent well exam (If applicable) *****

You may send referral via email: energy@queenscare.org or

FAX COMPLETED REFERRAL TO: 213-380-9059

QueensCare Family Clinics • Pediatric Weight Management Program
 150 N. Reno Street, Rm 66-019, Los Angeles, California 90026

For more information call 213-380-7361 or visit www.queenscarefamilyclinics.org/services/energy
www.queenscarefamilyclinics.org



Office Use: Enroll Patient: 6-9 yr 10-13 yr 14-17 yr Deferral ltr Parenting Class Initial: _____