



- ENERGY requires a commitment of 8 weeks. Classes are held once a week, in the afternoon.
- ENERGY requires BOTH the child and caretaker/guardian to attend each class. Classes are taught in English and Spanish.
- Classes are available for children 2-17 years of age. The patient will be scheduled for the next available class.

*** Required Information (please write clearly):**

<p>* Patient's Name: _____</p> <p>Address: street: _____</p> <p>City, State, zip: _____</p>	<p>* Age: _____ * DOB: _____ * Gender: _____</p> <p>* Allergies: _____</p> <p>Medical Record #: _____</p>
<p>* Parent or Caretaker's Name: _____ Parent Signature: _____</p>	
<p>* Telephone: _____ Cell Phone: _____</p>	
<p>* Preferred Spoken Language (circle): English Spanish Other: _____</p>	
<p>* Patient's School: _____ School Track: A B C Traditional</p>	

***Does this patient have health insurance?** No Yes, please indicate type/health plan/IPA/ID #: _____

If patient has insurance, please attach a copy of the patient's insurance card and if required an insurance authorization.

***Does this patient have any medical or other restrictions which prevent him or her from fully participating in a 2-hr class that includes physical activity?** No Yes, explain: _____

***About the Patient:**

*Weight: _____

*Height: _____

*BMI: _____

BP: _____

Comments: _____

*Provider's Name: _____

*Provider's Signature: _____

*Date: _____

*Provider/Stamp Address, Phone, Fax:

***Diagnosis (check all that apply):**

- Obese (BMI \geq 95th percentile)
- Overweight (BMI = 85th – 94th percentile)
- Acanthosis Nigricans
- Asthma
- DM Type 1
- DM Type 2
- Dysmetabolic syndrome
- Elevated blood pressure
- Gynecomastia
- Hypercholesterolemia
- Hyperinsulinemia
- Hypertriglyceridemia
- Sleep apnea
- Fam Hx DM, CVD, HTN
- Other: _____

*****Please include copy of patient's growth chart and recent well child exam (if applicable) *****

You may send referral via email: energy@queenscare.org or

FAX COMPLETED REFERRAL TO: 213-380-9059

QueensCare Family Clinics • e.n.e.r.g.y. - Pediatric Weight Management Program
 150 N. Reno Street, Rm 66-019, Los Angeles, California 90026

For more information call 213-380-7361 or visit www.queenscarefamilyclinics.org/services/energy

